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INSTRUCTORS & STAFF

- Joe Mullings**
Owner
- Raphael Chaves**
Head Instructor
- Eduardo Guedes**
Head Instructor
- Edson Jr.**
Head Instructor
- RJ Goodridge**
Assistant Instructor
- Marcelo Cohen**
Assistant Instructor
- Eric Jimenez**
General Manager
- Gerritt Blydenstein**
Membership Associate

JR WINS THE LIGHTWEIGHT TITLE BELT

Inside Harrah's Casino in New Orleans on June 13th, Junior was scheduled for a Lightweight Title match in the co-main event for Renaissance RMMA 12. His opponent and current title holder, King Lee, is an experienced MMA veteran who's fought well-known opponents such as Sean Sherk, Roger Huerta, and Melvin Guillard. As Junior's second professional MMA fight, this was a tough opponent to face.



The fight began with Junior throwing a brutal body kick to Lee's mid section. Feeling the power of Junior's kick; Lee decided to rush Junior, pinning him



against the cage where they exchanged vicious elbows in the clinch. With a hip throw that sent Junior flying to the ground, Lee was intent on trying to land some ground and pound from Juniors half guard to finish the round.

Round two opened up with Junior landing some beautiful combinations that staggered Lee. Lee again decided to take things to the ground and rushed Junior into the cage in an effort to take him to the ground. As Lee attempted the same hip throw from round one, Junior quickly readjusted and stuffed it. In a reversal, Junior pinned Lee to the cage and was able to create the space needed to bring the fight back to the center of the ring. Standing toe to toe, Junior threw a three punch combination that ended with a left hook that dropped Lee straight to the canvas. Junior KO'd Lee in 1:14 in the second round winning the belt. This was the first time in over 20 fights that King Lee had been KO'd. Congratulations to Junior, the new Renaissance Lightweight Belt holder.



ARMORY T-SHIRT CONTEST

Have an artistic side?

Enter the Armory's first ever t-shirt design contest for the chance to have your design printed on upcoming merchandise.

All students are eligible, so pickup your official entry form at the front desk and submit your original design. The winner will be selected by the Armory staff and announced in the September newsletter. Good luck



CONGRATULATIONS BRIAN

Armory brown belt, Brian Kapper, competed in the 2009 Police & Fire Games held on the Treasure Coast last month. He had an awesome showing at the grappling tournament; winning two Gold medals in the Advanced & Absolute divisions and one Silver. Way to go Brian!



KIDS BELT PROMOTIONS

July

- Christopher Colon (Yellow)
- Stephen Phillips (Yellow)
- Tyler John (Yellow)
- Ben Perkins (Yellow Stripe)
- Devin Melbourne (Yellow Stripe)
- John Wolpert (Yellow Stripe)
- Jonah Glowka (Yellow Stripe)



Congratulations to all students who received their promotions.

JULY 4TH NAGA RESULTS



Tyler John:
1st Kids Beginner No Gi
1st Kids Beginner Gi



Nick Duboy:
3rd Adult Intermediate No Gi



RJ Goodridge:
3rd Adult Advanced No Gi
1st Adult Purple Belt Gi



On Saturday July 11th the first group of belt testings took place for our younger students. After showing the successful execution of the required techniques students were awarded with their new belts and certificates. Be sure to check the board for the new posting of students eligible to test.



Raf and Guedes look on as Chris executes the required Americana submission hold during his belt testing.

NEW MEMBERS

The Armory would like to welcome the newest members to its training family

Aaron Kish	Alec Li	Beck Perkins
Ben Perkins	Brian Frein	Christopher Hafner
Dan Farnsworth	Devon Blydenstein	Doug Phillips
Edgar Pustynnikov	Henry Stein	Jack Bates
Jacob Walsh	Jamie Mickle	Jason Skolnick
Jeffrey Schacknow	Bailey Stephanos	Justin Falk
Kim Murphy	Chris Pinder	Matt Pike
Michael Laufbahn	Dillon Howe	Pascual Guarchas
Robert McCormick, Sr.	Hilary Clark	Sean Ward
Sergio Episcopo	Jason Lakov	Tanner Stephanos
William Werner	Jonathan Eliades	Shane Harris
Lucas Jones	Mark Walsh	Jonathan Boltuch
Michelle Phillips	Nick Petronella	Steven Bresnick
Robert McCormick, Jr.	Ryan Jacobson	

GYM ETIQUETTE

- Respect & listen to your instructors.
- Bow every time you get on or off the mat.
- Personal hygiene: wash your gi & gear daily
- No cursing on the mat.
- No bare chests: use the lockerroom or bathroom to change.
- Less experienced students should not try to teach another student. If there is a question, ask an instructor.
- During class, do not walk off the mat without first asking for permission from an instructor

Remember: We are here to help each other not to HURT each other.

TEST YOURSELF ON A DIFFERENT LEVEL ...