

MAT TALK

THE OFFICIAL ARMORY TRAINING CENTER NEWSLETTER



www.thearmory.tv

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GUEDES MOVES TO 5-0 WITH FIRST ROUND TKO VICTORY



Inside Miami's American Airlines Arena on December 13th the debut event for Mixed Fighting Alliance took place in front of a sold out crowd. The seventh bout of the night was between Armory instructor Guedes and Manuel del Rio of American Top Team. After the touching of the gloves to start the first round, Guedes opened by connecting with several punches to his opponent's face. It was quickly demonstrated that Guedes displayed superior stand-up ability over his opponent. As the round continued and with his opponent unable to really connect with any of his strikes Guedes gained control of the match and pinned his opponent to the cage. With del Rio pinned, Guedes landed vicious knees to his torso. This same technique was repeated and combined with some elbows later in the round. In an unconventional move, del Rio held up his right arm and left his face open. Guedes took advantage and landed straight punches down the middle. After a final clinch and a take down, the round ended with Guedes on top delivering some ground and pound. Before the second round could begin del Rio is found sitting on the cage floor in his corner. Deciding he no longer wanted to continue, the referee waved his hands in the air to signify the fight was over. Guedes wins by TKO in 2:59 in the 1st Round bringing his professional MMA record to 5-0. Congratulations Guedes!



INSTRUCTORS & STAFF

JOE MULLINGS
OWNER

RAPHAEL CHAVES
HEAD INSTRUCTOR

EDUARDO GUEDES
HEAD INSTRUCTOR

EDSON JR.
HEAD INSTRUCTOR

RJ GOODRIDGE
ASSISTANT INSTRUCTOR

MARCELO COHEN
ASSISTANT INSTRUCTOR

ERIC JIMENEZ
GENERAL MANAGER

DAVE DE SOUZA
VP OF MEMBER SERVICES

Check out the Official Armory My Space Page with lots of additional photos and information.

www.myspace.com/thearmoryjupiter

MEET EDSON JUNIOR

*** QUICK STATS *** QUICK STATS ***

NAME: Edson Mendes Barboza Junior
HOMETOWN: Brazil
AGE: 23
RECORD: 25-3-0 (22 wins by KNOCKOUT)
(With 17 Wins in the 1st Round)
FIGHTING WEIGHT: 155 lbs.
BELT: Black Belt in Muay Thai



We would like to introduce and welcome our newest fulltime member to the Armory teaching staff. "Junior" hails from Nova Friburgo, Brazil and is considered to be the best middleweight in the country. As a black belt in Muay Thai he has won countless championships and is known professionally as *The Nova Friburgo Phenomenon*. As some have discovered, Junior will be teaching all of the Muay Thai/ Kickboxing classes. Under his instruction the Armory will be expanding its Muay Thai/ Kickboxing classes by offering them during the day as well as seeing the future development of the current curriculum to include boxing. Along with his teaching contributions, Junior will be representing the Armory Fight Team and making his US MMA debut. We are thrilled to have Junior as a member of the Armory family and look forward to not only seeing him succeed in the MMA world, but also seeing the growth in each student as they improve their techniques under his instruction.



PARTICIPATING STUDENTS IN ROB KAMAN'S SEMINAR

WHO WILL YOU DECIDE TO OUTWORK TODAY ...

THE ARMORY

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 www.thearmory.tv

If you would like to submit photos or articles for consideration in future issues please email:
 kristy@dezingntrendz.com

Volume 2
 Issue 1



WEC
 WORLD EXTREME CAGEFIGHTING
 ON MARCH 1ST
 WATCH AS
 ARMORY STUDENT
 & FIGHT TEAM MEMBER
JUSTIN HASKINS
 FIGHTS IN WEC 39
 CORPUS CRISTI, TEXAS

RESPECT THE MAT YOUR GYM ETIQUETTE

- Listen to your instructors.
- Scan your membership ID when you arrive.
- Personal hygiene: wash your gi & gear frequently, trim your nails.
- No cursing on the mat.
- Bow every time you get on or off the mat.
- No bare chests- please use the lockerroom or bathroom to change.
- Respect upper belts and experienced students.
- Non Gi Class Uniform- Armory t-shirt and shorts you can tie. If you have Armory shorts or a patch on your shorts you can wear a plain black t-shirt.
- Gi Class Uniform- BJJ gi with an Armory patch or Armory t-shirt under your gi.
- Lower belts or less experienced students should NOT try to teach another student. If there is a question you should ask an instructor.
- White belts line up in the back line.
- Fix your gi facing the outside wall.

Remember: We are here to help each other not to HURT each other.

ADULT BELT PROMOTIONS

NOVEMBER

- RJ Goodridge (Purple)
- Chris Brown (Blue)
- Geoff Roach (Blue)
- Jerrit (Blue)
- Kristy Garbacz (Blue)
- Logan Day (Blue)
- John (Green)
- Matt (Green)
- Mauricio Vargas (Green)
- Phil Mauri (Green)
- Scott Farnsworth (Green)
- Zach Oliver (Green)
- Dominic Decesare (Yellow)



FEBRUARY

- Dominic Decesare (Green)

KIDS BELT PROMOTIONS

NOVEMBER

- Skyler (Yellow Stripe)

Congratulations to all students who received their promotions.

UPCOMING EVENTS



Saturday- February 28th Melbourne, FL
 Brevard Community College Melbourne Campus

RJ VICTORIOUS AFTER THREE ROUND BATTLE



On Friday, January 30th in the UCF Arena in Orlando thousands of MMA fans watched knockouts, submissions, heated rivalries, and come-from-behind upset victories at CAGE WARRIORS DESTRUCTION. The stacked MMA event, included eleven professional MMA bouts and featured an all-Floridian undercard that produced fireworks early. Five of these six fights ended with stoppages, the only fight to go the distance in what one reporter called "...a scramble-filled grappling clinic" was our very own RJ Goodridge. In a match-up that rivaled the main event; RJ and his opponent, Joshua Bacallao, went blow for blow, kick for kick, and take-down for take-down. The explosive action inside the cage had everyone on their feet either screaming or holding their breath for the full 15 minutes. In the third round, knowing a win in the round was crucial for the victory; RJ used his take-down training and experience to control his opponent. With his successful take-downs in the last round, RJ advanced on the judges' scorecard edging out his opponent. The action packed fight ended with a Split Decision Win going to RJ. With his latest win, RJ remains undefeated in his professional MMA career, moving his record to 4-0. Congratulations RJ!



NEWSFLASH

The Armory would like to welcome the newest members to its training family

NOVEMBER

- Anna Villegas
- Jason Lacerenza
- Jeff Wallace
- Julio Nieves
- Julius Kukla
- Sean Rengasawmy

DECEMBER

- Adam Funk
- Andrew Magazine
- Arthur Disegna
- David Salinas
- Joey Martina
- Michael Coleman
- Mitchell Anderson
- Scott Blackwood
- Slade Sundar

JANUARY

- Bobby Daily
- Christian Rivera-River
- Clay Middleton
- Dolan Bradley
- Donna Eldredge
- Frank Fidei
- Jason Ferrari
- Jett Macpherson
- Jimmy Marino

- Jonathan Andrews
- Jonathan Vantrump
- Mark Putnam
- Matthew Edmonds
- Melissa Kutz
- Michael Jezowski
- Ryan Hock
- Ryan Yandell
- Stephen Takacs
- Susan Rubiano
- Vincent Revolte