

MAT TALK

THE OFFICIAL ARMORY TRAINING CENTER NEWSLETTER

OUR FIRST ISSUE IS DEDICATED TO OUR
INSTRUCTORS AND STAFF

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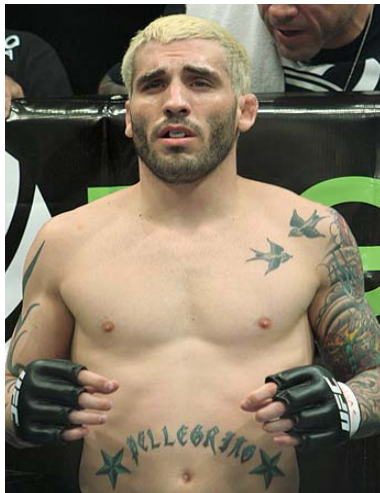


www.thearmory.tv

KURT (BATMAN) PELLEGRINO

HEAD INSTRUCTOR

Kurt originally hails from "Wrestling Town" (aka Point Pleasant, New Jersey), but has called the Armory home since early 2005. His roots are in wrestling which he began at the young age of six. As a wrestler he has seen numerous



accomplishments; having been a New Jersey State finalist in both his Junior and Senior high school years and a grappling record that includes over More than six years ago Kurt began focusing his talents on mixed martial arts and started studying Brazilian Jiu Jitsu with Renzo Gracie Black Belt Ricardo Almeida. Soon after, he opened his own jiu jitsu school in New Jersey where he was able to start his training and teaching full-time. In 2001 Kurt made his Professional debut and soon began fighting in the UFC. To date he holds an impressive Professional fight record of 20 wins with 4 losses. His commitment and drive earned him a black belt in Brazilian Jiu Jitsu. Kurt's comedic personality is infectious to all in his presence and motivates his students to perform to their best. With the support of his wife, Melissa, and his little girl, Priscilla, he will undoubtedly continue to excel on and off the mat.

UPCOMING EVENTS

NAGA International Championship- Boca Raton 6/7 - 6/8/08
For more information pick up a event flyer at the front desk

IN OUR NEXT ISSUE:

Inside Look at the Fight Teams Cleansweep

EDUARDO GUEDES DE LUZ

HEAD INSTRUCTOR

Guedes has been training in Brazilian Jiu Jitsu since 1994. He began his training with Brazilian Top Team under Mario Sperry in Rio De Janero, Brazil. As one of the most conditioned fighters at the Armory, Guedes's work ethic is a stand out. His methodical and strict training has paid off in his personal fight career. He currently holds a Professional undefeated fight record of 4 wins with no loses. His many accomplishments include: winner of the 2004 Brazilian Abu Dhabi Trials for the 170 lbs. division, third place at World Championship in 2002, third place at National Championship in 2002, and winner of several NAGA competitions. Guedes's drive and first-rate conditioning extends into his teaching methods and makes him a valuable part of the core teaching staff at the Armory.



RAPHAEL CHAVES

HEAD INSTRUCTOR



Raphael comes to us all the way from Sao Paulo, Brazil. His accomplished Brazilian Jiu Jitsu career has earned him numerous grappling titles including: NAGA World Champion, Copa Atlantic Champion, State Brown Belt Champion, and Arnold Classic Champion. Raphael has dedicated himself to BJJ for over a decade and holds his blackbelt. As a member of the Armory Fight team he continues to refine his mixed martial art skills to continue his Professional undefeated fight record. He has unquestionably been a positive asset to the Armory teaching staff.

WHO WILL YOU DECIDE TO OUTWORK TODAY ...

603 Commerce Way West
Jupiter, FL 33458
(561) 743-2060
www.thearmory.tv/

If you would like to submit photos or articles for consideration in future issues please email:
kristy@dezingtrendz.com

RESPECT THE MAT GYM ETIQUETTE

- Listen to you instructors.
- Scan your membership ID when you arrive.
- Personal hygiene: wash your gi & gear frequently, trim your nails.
- No cursing on the mat.
- Bow every time you get on or off the mat.
- No bare chests- please use the lockerroom or bathroom to change.
- Respect upper belts and experienced students.
- Non Gi Class Uniform- Armory t-shirt and shorts you can tie. If you have Armory shorts or a patch on your shorts you can wear a plain black t-shirt.
- Gi Class Uniform- BJJ gi with an Armory patch or Armory t-shirt under your gi.
- Lower belts or less experienced students should NOT try to teach another student. If there is a question you should ask an instructor.
- White belts line up in the back line.
- Fix your gi facing the outside wall.

Remember: We are here to help each other not to HURT each other.

ADULT BELT PROMOTIONS

MARCH

- Allen Saladrigas (Green)
- Jeremy Gomez (Green)
- Kristy Garbacz (Green)

APRIL

- Hermano (Marco) Ortiz (Purple)
- Cody Meissner (Green)
- Logan Day (Green)
- Nick Duboy (Green)

KIDS BELT PROMOTIONS

- Kyle Claypoole (Orange Stripe)
- Samantha Williams (Orange Stripe)
- Bryce Turgeon (Yellow Stripe)
- Catherine Dennison (Yellow Stripe)
- Gabby Arsenault (Yellow Stripe)
- Holly Goddard (Yellow Stripe)
- Matt Nozykowski (Yellow Stripe)
- Matthew Mullings (Yellow Stripe)
- Nickalaus Niksirat (Yellow Stripe)
- Robert Dennison (Yellow Stripe)
- Taylor Goddard (Yellow Stripe)

Congratulations to all students who received their promotions.



This is our new Sensei, he holds black belts in eight different martial arts.

BRICE SMITH HEAD INSTRUCTOR

Brice is a Professional Muay Thai fighter that joined the Armory teching staff in 2007. He received his training from Nestor Marte and Ajarn Prasit at the Ultimate Gym in New York City and boasts a record of 9 wins with one loss. Brice moved to Florida where he began instructing Muay Thais Kickboxing Conditioning classes in Deerfield Beach. He is married with two sons.



NEWSFLASH

The Armory would like to welcome the newest members to its training family

APRIL

- | | |
|----------------|----------------|
| Aldo Palles | Kim Bright |
| Cheryl Newell | Luis Guarda |
| Ian Lang | Mike McCabe |
| John Puglise | Susan Stamos |
| Joseph Palumbo | Tamara Suarez |
| Josh Curell | Vicki Donechie |
| Ken May | |



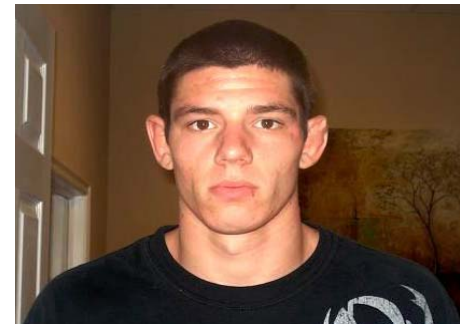
ARMORY STAFF

Eric Jimenez
Marketing & New Memberships

Joe Mullings
Owner

Melissa Pellegrino
Front Desk & Memberships

RJ GOODRIDGE ASSISTANT INSTRUCTOR



As the youngest member of the teaching staff RJ came to us 2 1/2 years ago with a high school wrestling background. With his dedication and hard work he has quickly earned his blue belt in Brazilian Jiu Jitsu and earned the respect of many of his peers. RJ is currently a member of the Armory Fight Team and is undefeated in his Amatuer & Professional MMA fighting career. He has a bright future in the mixed martial arts world and will be one to watch.

MARCELO COHEN ASSISTANT INSTRUCTOR

Marcelo is the newest member of the teaching staff. He has been training in Brazilian Jiu Jitsu for over 7 years. Marcelo started his training at the age of sixteen under Saporito at the Carlson Gracie Academy in Rio De Janeiro, Brazil. He joined the Armory team in 2007. As a brown belt he has won numerous national medals in Brazil as well as being the 1999 Copa Torah Champ.

